



LCCE Health Grand Haven High School



Course Number:

Grade Level: 9-12

Credits : .5

Prerequisite Courses : None- this course is only for students that are part of the LCCE curriculum

Course Description

LCCE Health is a semester long course where students will be asked to identify and explain the five aspects of Health: Physical, Emotional, Mental, Social, and Spiritual.

Course Objectives

Using the five aspects of health, students will be able to explain how these aspects affect you personally, and your overall wellness. Students will develop into mature decision makers in all areas of health and wellness.

Student Expectations

For students to be successful in LCCE Health, students will:

- Be on time for class
- Be ready to participate
- Come prepared to class (writing utensil, ideas)
- Show respect for all students and staff
- Have a positive attitude
- Be willing to share ideas and ask questions
- Willingness to work in teams or groups
- Expectations in regards to attendance, bullying, etc. can be found in the student handbook

Communication

Students and Parents are encouraged to monitor their own grades through Parent Interent Viewer. Teacher communication can be made through email, phone, conferences or setting up specific meeting times.

Grading Policy

Grading Policy is determined by Special Education Department

Building Behavioral Expectations

TEAM GH ... One Team, One Family, One Grand Haven. Be Kind. Always.

It is our expectation that ALL GHHS students, staff and parents will ... always give their best **EFFORT** in everything that they do, work hard to be **INCLUSIVE** of each other, show **RESPONSIBILITY** in class, the hallways, cafeteria and at events, and **WORK TOGETHER** at all times!

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Scope and Sequence

- Health and wellness
- Making responsible decisions
- Physical health
- Nutrition
- Weight management
- Mental and emotional health
- Self-esteem
- Managing stress
- Drugs, alcohol, and tobacco
- Infectious disease

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