

Grand Haven Senior High Outdoor Education Policies and Procedures

Mr. Warner

warnerd@ghaps.org

810-734-0272 Cell

You will be exposed to a variety of activities, in a variety of weather conditions. If you don't enjoy spending time outdoors in **ALL** weather conditions, I would reconsider your enrollment in this class. Depending on our activity level and outside conditions, there will be days when you experience hot, cold and very wet weather. This class will involve an aerobic activity component. In other words, participation in this class will require that you sweat and increase your breathing above normal resting levels. You may experience muscle soreness and strain during and after some activities.

As the teacher for this course I will make every effort to keep us all safe. I reserve the right to cancel or cut short any activity due to inclement weather.

Many of our activities will take us off campus. Most days driving our own vehicles is a necessity. I expect all drivers to operate their vehicles in a safe and responsible manner while traveling to and from activities. There may be times when we meet at the activity location or depart for the school day from an activity.

Grading Procedures

Each day the student begins with 20 points. Points are lost completely if the student fails to dress for an activity. Points will be taken away in 5 point increments for the following infractions:

- Disrespect to self, others or equipment
- Dangerous behavior to self or others
- Poor Attitude toward self, or others
- Non-Participation in an activity

Extra Assignments

Most units will include a short test, article or other assessment. Each assessment will be assigned a different point value.

Excused Absences

It is our policy to have students make-up class time that has been missed due to an absence from school. This includes trips, illness, and time lost due to injuries, etc. Unlike an academic subject that can be "made-up" by classroom assignments, physical education make-up will be done by a cardiovascular workout. **YOU** need to contact your teacher to arrange make-up time.

Failure to make-up absences will result in a 0 for that day.

Unexcused Absences

All unexcused absences will result in a 0 for that day; you cannot make-up unexcused absences.

Tardy Policy

Students are required to be in the locker rooms within the passing time. Five minutes are allotted for changing clothes and reporting to your area from the locker room. All students must be in their assigned area when the teacher starts taking roll. If you come in late you must notify your teacher that you are present.

Clothes

You must be properly dressed and prepared for class. Proper clothes include shorts, t-shirts, socks, and tennis shoes for warm weather activities. As seasons change you should always have outdoor clothes in your locker/vehicle.

Dismissal Time

Generally you will have five-ten minutes to clean-up and dress at the end of class. This time may be increased depending on our activity.

Locker Room

Locks are the responsibility of each student, the GHHS Phys Ed department no longer issues locks. You may bring in your own lock. Students in Tri Training may use a large locker for the semester.

Cost

There is a **Fee** for this class. As of this day, June 4, 2014 the fee has not yet been set. In past years the Fee was \$100, but that was under the trimester system. Once a new fee has been established it will be mailed to 1st semester students. Payment can be cash, check or money order. All checks should be made out to Grand Haven Public Schools and "outdoor ed" written in the memo space.

Gear/Clothes List

Suggested Gear for this semester is listed below. **You should ALWAYS be prepared for inside, outside and pool activities.**

1. Swim Suit
2. Towel
3. CLEAN tennis shoes for indoors
4. Tennis shoes for outdoors, will get DIRTY
5. Boots for winter
6. Shorts for indoors/outdoors
7. T-shirts for indoors/outdoors
8. Long Sleeve clothing for fall/winter activity (fleece or poly pro is best)
9. Long Pants for fall/winter activity
10. Winter Coat
11. Winter snow pants or other outer layer
12. Warm hat for fall/winter time
13. Light gloves for fall biking
14. Heavy gloves for winter skiing/sledding/snow boarding etc...
15. Extra pair or two of socks

Suggested items:

1. Sunglasses
2. Soap, shampoo, other general toiletry items

Name: _____

Date: _____

Section:

Questions: Please answer the following questions. For equipment related questions, please consider your ability to borrow something you don't own, from another family member, friend or neighbor.

Do you HAVE or HAVE ACCESS TO:

| | | |
|-------------------------------|---|---|
| Skim Board | Y | N |
| Body Board | Y | N |
| Wet Suit | Y | N |
| Cross Country Skis | Y | N |
| Snow Shoes | Y | N |
| Down Hill Skis | Y | N |
| Snow Board | Y | N |
| Sled | Y | N |
| Fishing Pole | Y | N |
| Paintball Gun <u>AND</u> Mask | Y | N |

Your Cell Phone: _____

Your Home Phone: _____

Your Parent(s)/Guardian(s) Name: _____

Your Parent/Guardian Cell Phone: _____

Class Activity List

I have most of the semester planned. At the beginning of each Month you will receive a **TENTATIVE** outline of our schedule. I reserve the right to change and modify the schedule as we need to depending on weather, vendor schedules and the school district calendar. The activities listed below may NOT be in order of our participation.

- Team building activities (On and Off Campus)
- Low and High Ropes Course Work (Camp Blodgett)
- Surfing and Stand-up paddle boarding as waves and lake conditions allow
- Land Based Kite Boarding School (2-3 days at City Beach with Mac Kite Company)
- Fishing at Grand Haven Pier (2-4 days)
- Hiking (Various times through semester: Rosy Mound, Hofma, YMCA, Pigeon Creek, Stanton Street Park, PJ Hoffmaster)
- Frisbee Golf (Christian Reformed Retreat Center)
- Kayak/Canoe (Week long unit on Pigeon River, Pottawatomie Bayou, possible ½ day trip in)
- Archery/Hunters' Safety (Two week long certification class, real ammunition on shooting range)
- Paintball (3 days)
- Orienteering/Adventure Racing (4 days, off campus mainly)
- Trail Building and Maintenance (Various Trail Projects at county parks)
- Indoor Rock Climbing (2 days, GVSU)
- Water safety, survival and rescue skills (1 week)
- Downhill Ski/Snowboard (At YMCA, POSSIBLE trip to Cannonsburg)
- Cross Country Ski (Stanton Park, Pigeon Creek, On Campus)

Filler Activities that will be mixed into our weekly schedule at various points.

- Swimming in pool, water polo
- Ultimate Frisbee
- Sand Volleyball

Grading:

| | | | |
|-----|----------|----|---------|
| A | 100 - 92 | C | 77 - 72 |
| A- | 91 - 90 | C- | 71 - 70 |
| B+ | 89 - 88 | D+ | 69 - 68 |
| B | 87 - 82 | D | 67 - 62 |
| B - | 81 - 80 | D- | 61 - 60 |
| C+ | 79 - 78 | F | 59 - 0 |

Exam for this class is the Bear Lake Triathlon, worth 20% of Final Grade.

Please feel free to call with questions or concerns.

Derek Warner
warnerd@ghaps.org
810-734-0272 Cell

